



# TRICARE

Health Benefits Advisor



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HQ JUSMAGTHAI  
TRICARE Services, Rm. J-202  
7 Sathorn Tai Road  
Bangkok 10120 Thailand

HQ JUSMAGTHAI  
MAGTJS-TRICARE  
APO AP 96546-5000

Retiree Client Hours: Tues-Wed-Thurs, 0800-1100

Tel: 02-287-1036

Web: <http://www.jusmagthai.com/medical.html>

Fax: 02-287-1575

Nurse Tiptida Dhatsuwan (Thida), x512 Nurse Panisara Puangsilpa (Aoi), x511

Email: [nursetida.th@jusmagthai.org](mailto:nursetida.th@jusmagthai.org)

Email: [ppuangsilpa.th@jusmagthai.org](mailto:ppuangsilpa.th@jusmagthai.org)

**\*\*\* If urgent or emergent, seek proper medical care as soon as possible! \*\*\***

**Note:** In order to maintain TRICARE Benefits when you turn age 65, you **must** join Medicare Part B.

**TRICARE Overseas (Pacific)  
International SOS, Singapore**

Email:

[sin.tricare@internationalsos.com](mailto:sin.tricare@internationalsos.com)

Regional Direct: +65-6339-2676

Toll Free: 0018004418952

<http://www.tricare-overseas.com>

**Select/TFL Claims Address**

TRICARE Overseas Program

P.O. Box 7985

Madison WI 53707-7985

1-877-451-8659 (Claims)

**TRICARE Area Office-Pacific**

+81-6117-43-2036

**Defense Enrollment Eligibility  
Reporting System (DEERS)**

1-800-538-9552

<https://tricare.mil/DEERS>

**Pharmacy Benefits**

Retail: 1-866-363-8779

Mail Order: 1-866-363-8667

[http://www.express-](http://www.express-scripts.com/TRICARE/)

[scripts.com/TRICARE/](http://www.express-scripts.com/TRICARE/)

**Beneficiary Counseling &  
Assistance Coordinators**

<https://tricare.mil/bcacdcao/>

**Medicare**

1-800-MEDICARE

(1-800-633-4227)

[www.medicare.gov](http://www.medicare.gov)

**Social Security  
Administration**

1-800-772-1213

TTY/TDD:

1-800-325-0778

[www.ssa.gov](http://www.ssa.gov)

**Veterans Affairs**

1-800-827-1000

[www.va.gov](http://www.va.gov)

**VERY IMPORTANT:** Your **DEERS** Address **must** be in the Overseas Region and be kept **Updated!**