



DEPARTMENT OF DEFENSE  
HEADQUARTERS, JOINT UNITED STATES MILITARY ADVISORY GROUP,  
THAILAND  
APO AP 96546-5000

MAGTJS  
1 October 2013

FROM: NCOIC, Joint Support

TO: Retired U.S. Military Personnel

SUBJECT: Postal Privileges

Ref: DoD 4525.6-M, Appendix 1, para AP1.3.14 and AP1.3.15

1. Military retirees are authorized to mail/receive items weighing up to **16 ounces** (one pound), unless further restricted by the host government. Retirees must comply with local host-nation customs restrictions and requirements for mail received through an MPO. The mail must not contain merchandise that is intended for resale/profit. Only the following items can be received or mailed provided they are within the **one (1) pound** weight limitation\*:

- |   |                         |
|---|-------------------------|
| a. Books  | f. Vitamins***          |
| b. Magazines  | g. CDs and DVDs         |
| c. Other Printed Matter   | h. Video Tapes          |
| d. Prescription Medication**  | i. Voice Cassette Tapes |
| e. Eyeglass Spectacles from Naval Ophthalmic Support & Training Activity (NOSTRA) |                         |

\*TRICARE Mail Order Pharmacy is not subject to the 16-ounce weight limit (Office of the Under Secretary of Defense AT&L; Memorandum dated 10 April 2003).

\*\*Prescription medication ordered must **exclusively** contain prescription medication as indicated on the customs form or shipping label declaration. Parcels containing prescription medication mixed with non-prescription medication items will be returned to sender.

\*\*\*Not to exceed a 90 day supply per shipment and no more than one shipment every 30 days.

2. Every authorized box holder **MUST** check their box at least once every 30 days, only send/receive authorized items, and keep their locator information up-to-date. Failure to follow these guidelines can result in returned mail, closure of box, and termination of mail service.

3. If you have any questions please feel free to contact me at 02-287-1036 Ext. 181.

A handwritten signature in black ink, appearing to read "Michael O. Clinkscapes", is located above the typed name.

MICHAEL O. CLINKSCALES  
TSgt, USAF  
NCOIC, Joint Support