



DEPARTMENT OF DEFENSE
HEADQUARTERS, JOINT UNITED STATES MILITARY ADVISORY GROUP, THAILAND
APO AP 96546-5000

MAGTJS
15 December 2011

FROM: NCOIC, Joint Support

TO: Retired U.S. Military Personnel

SUBJECT: Postal Privileges

Ref: DoD 4525.6-M, Appendix 1, para AP1.3.14 and AP1.3.15
APO (OL-C, DET 2, PACAF AIRPS) - Retiree Policy Memo dated 1 December 2011

1. Military retirees are authorized to mail/receive items weighing up to **16 ounces** (one pound), unless further restricted by the host government. The mail must not contain merchandise that is intended for resale/profit. Only the following items can be received or mailed provided they are within the **one (1) pound** weight limitation*:

- | | |
|---|-------------------------|
| a. Books | f. Vitamins |
| b. Magazines | g. CDs and DVDs |
| c. Other Printed Matter | h. Video Tapes |
| d. Prescription Medication** | i. Voice Cassette Tapes |
| e. Eyeglass Spectacles from Naval Ophthalmic Support & Training Activity (NOSTRA) | |

*TRICARE Mail Order Pharmacy is not subject to the 16-ounce weight limit (Office of the Under Secretary of Defense AT&L; Memorandum dated 10 April 2003).

Prescription medication ordered must **exclusively contain prescription medication as indicated on the customs form or shipping label declaration. Parcels containing prescription medication mixed with non-prescription medication items will be returned to sender.

2. Every authorized box holder **MUST** check their box at least once every 30 days, only send/receive authorized items, and keep their locator information up-to-date. Failure to follow these guidelines can result in returned mail, closure of box, and termination of mail service.

3. If you have any questions please feel free to contact me at 02-287-1036 Ext. 113.

MARTIN N. MARKOS
MSgt, USAF
NCOIC, Joint Support

This memo supersedes the policy memo dated 1 April 2011, same subject.

Summary of Changes:

1. (Revised) Medication received may **only** be Prescription Medication.
2. (Added) Eyeglass Spectacles from NOSTRA now authorized to receive.