

## DEPARTMENT OF DEFENSE JOINT UNITED STATES MILITARY ADVISORY GROUP, THAILAND APO AP 96546-5000

MAGTJS 1 September 2016

FROM: Superintendent, Joint Support

TO: Retired U.S. Military Personnel

SUBJECT: Postal Privileges

Ref: DoD 4525.6-M, Appendix 1, para AP1.3.14 and AP1.3.15

1. Military retirees are authorized to mail/receive items weighing up to **16 ounces** (one pound), unless further restricted by the host government. Retirees must comply with local host-nation customs restrictions and requirements for mail received through an MPO. The mail must not contain merchandise that is intended for resale/profit. Only the following items can be received or mailed provided they are within the **one** (1) **pound** weight limitation\*:

a. Books
b. Magazines
c. Other Printed Matter
d. Prescription Medication\*\*
f. Vitamins\*\*\*
g. CDs and DVDs
h. Video Tapes
i. Voice Cassette Tapes

e. Eyeglass Spectacles from Naval Ophthalmic Support & Training Activity (NOSTRA)

\*TRICARE Mail Order Pharmacy is not subject to the 16-ounce weight limit (Office of the Under Secretary of Defense AT&L; Memorandum dated 10 April 2003).

\*\*Prescription medication ordered must **exclusively** contain prescription medication as indicated on the customs form or shipping label declaration. Parcels containing prescription medication mixed with non-prescription medication items will be returned to sender.

\*\*\*Not to exceed a 90 day supply per shipment and no more than one shipment every 30 days.

- 2. Every authorized box holder **MUST** check their box at least once every 30 days, only send/receive authorized items, and keep their locator information up-to-date. Failure to follow these guidelines can result in returned mail, closure of box, and termination of mail service.
- 3. If you have any questions please feel free to contact me at 02-287-1036 Ext. 181.

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